

# CTY MONTHLY NEWSLETTER

March 2025

## Things to Know...

### Elementary Parents

For the children's safety, we maintain an 8:1 ratio in our elementary group. When we have a teacher assistant it is 2:12. **Please do not send your child down the hallway alone.** If we are over ratio, we will need to bring your child/ren back to church. Thank you for understanding!

### Can you bring snacks?

We are collecting snack donations for CTY! If you'd like to contribute, please bring your donations to FLC Rm. 120 on Sundays.

**Due to allergies, please avoid snacks containing: Peanuts, Tree Nuts or Strawberries.**

Bottled water is always welcome!

### 5th Sunday CTY Choir

The CTY Mass Choir will sing on the 5th Sunday!

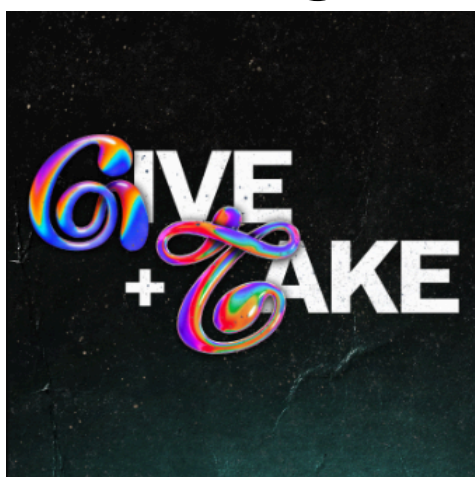
Rehearsals will be held on the 3rd and 4th Sundays at 10:40 AM.

[Here is the song that we will be singing!](#)

Click on the underlined link. ↑

**Please practice the song at home.**

## What we are learning this month...



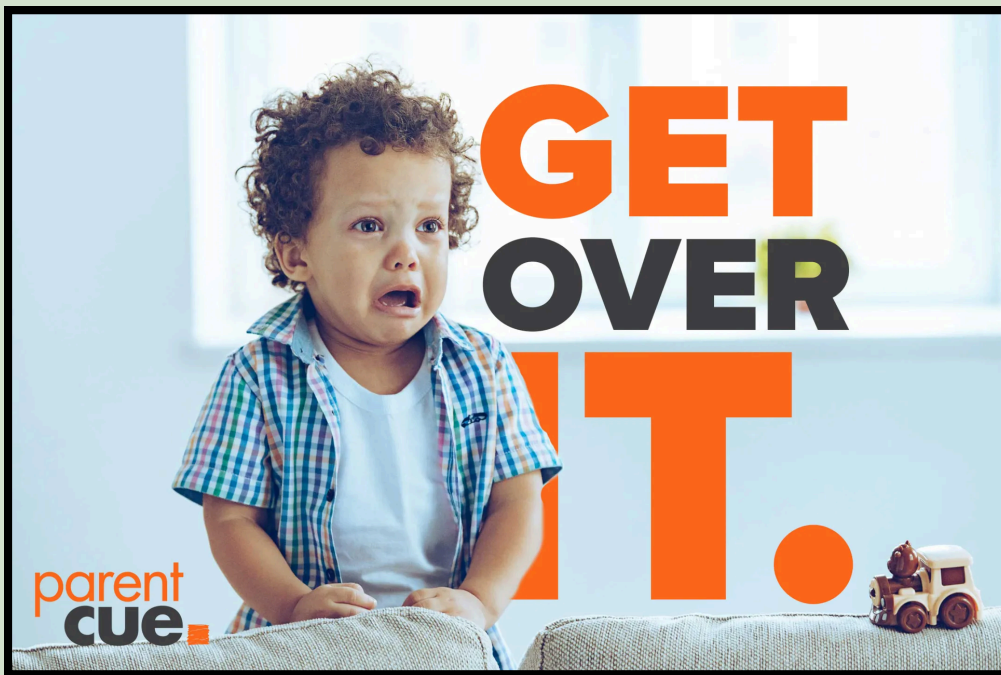
**Elementary** - **"Cooperation"** - Discovering the power of working together in unity, just as God calls us to do.

**Middle** - **"Remember When I"** - Reflecting on key moments in our walk with Christ and how they shape us.

**High** - **"Give and Take"** - Learning how to balance generosity and relationships through a Christ-centered lens.

If you have any questions about your child/ren, please feel free to reach out to me.

**Ms. Courtney**  
**Youth & Children's Director**  
**Tel: (408) 272-1360 Ext. 111**  
**(408) 464-2472**



## Get Over It Sarah Anderson

As a true middle child, I can tell you that life as the second of three kids is unique. My older sister's departure for college was met with tears, and my younger brother's departure symbolized my parents' empty nest—again, with tears. But when it was my turn, it felt like, “Oh, you're leaving? Okay. Let us know when we need to help.”

I may be exaggerating, but middle child syndrome is real. It can feel like life is out to get you, making you a “glass half empty” person. I spent too much time feeling misunderstood, reading forgiveness books, and trying to let go of my perceived wrongs. But then it hit me—what was I even trying to forgive?

I had a loving family, great vacations, and supportive parents. The more I thought about it, the more I realized that sometimes, you don't need to forgive—you just need to get over it.

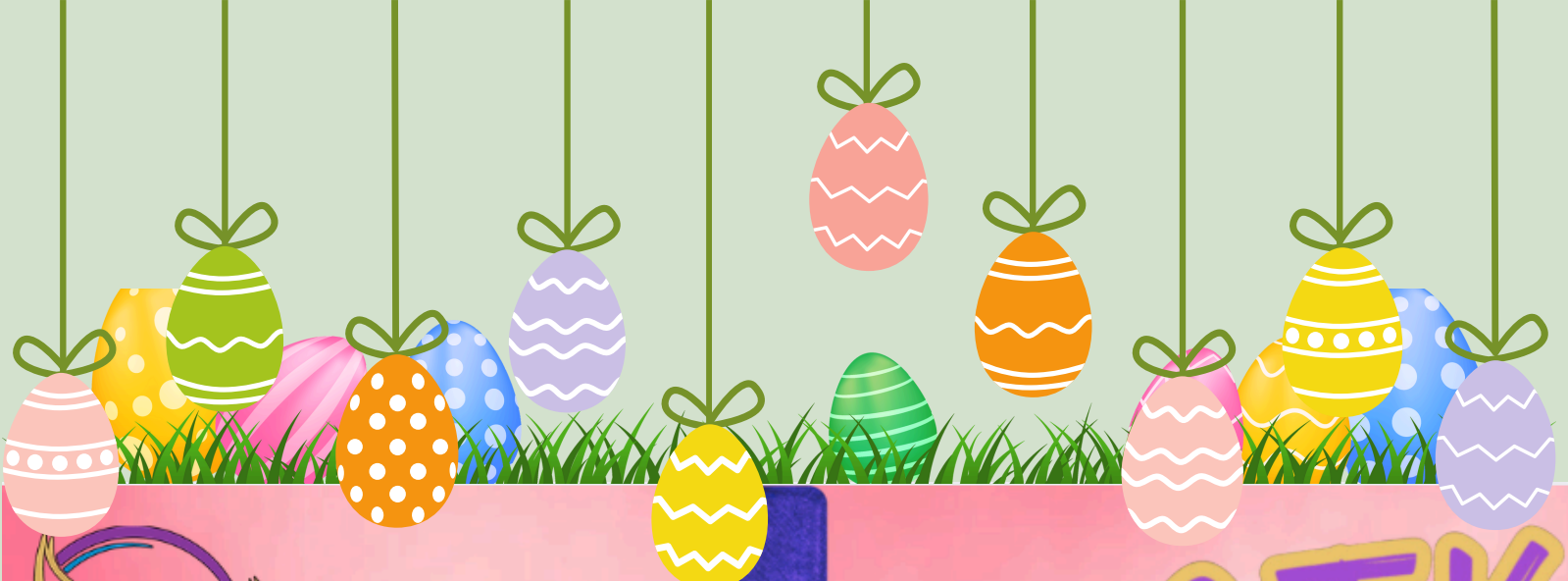
**There are real offenses to forgive, but some things aren't worth holding onto.** Birth order, minor slights, or little annoyances are things we simply need to move past. It's healthier to let go than to constantly search for reasons to forgive.

Teaching kids to let go of small issues is as important as teaching them to forgive the big ones. Life is too short to dwell on petty grievances.

I wish I'd learned this earlier. Accepting life's bumps with humor and grace is much better than constantly trying to forgive.

March 9th is National Get Over It Day—or as I like to call it, Recovering Middle Child Syndrome Day. It's a day to teach our kids to move on, laugh at themselves, and realize the world isn't out to get them.

So, tonight at dinner, ask your kids: “What do you need to get over?” By the end of March, they'll have done just that—and you'll all celebrate with dessert.



EMMANUEL

CTY

EASTER

EGG HUNT

Get ready for an egg-citing adventure at our Elementary Students' Easter Egg Hunt!

**Trusted adults must pick up their child/children from Room 120 before we begin.**

Join us on the grass at **12:15 PM** for the thrill of discovering hidden eggs!



12:15

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EASTER PARTY

The Middle Schoolers & High Schoolers will be finding eggs during service and will be celebrating with an Easter Party.





**Santa Clara County  
ALLIANCE OF  
BLACK EDUCATORS**

**36TH ANNUAL  
STUDENT  
RECOGNITION  
PROGRAM**

**Sunday, April 27, 2025**

**SANTA CLARA UNIVERSITY  
LEAVEY CENTER | 2:00 PM**

**NOMINATE BY MARCH 14TH  
AT [SCCABE.ORG](http://SCCABE.ORG)**

**SCAN  
ME**





# WE NEED CTY VOLUNTEERS



Your help will enrich our CTY kids' experience and deepen their spiritual growth. Whether assisting with activities and crafts, organizing events, or resetting the classrooms, your support makes a big difference.

You don't have to teach to make an impact!

**\*Fingerprints and Background checks required to engage with children**